

Αμερικανικό Κολλέγιο Ανατόλια



Δείγμα γραπτής δοκιμασίας για την εισαγωγή και την απονομή
υποτροφιών στην 1^η τάξη Γυμνασίου

Ιανουάριος 2026

ΜΕΡΟΣ 1^ο
ΑΓΓΛΙΚΑ / ENGLISH

PART 1: LISTENING COMPREHENSION (10 POINTS)

You will hear a recording from a podcast (radio show) which includes information you will need to answer the questions that follow.

First, read the questions and answers carefully. You have **two minutes** to do this now.

Next, listen carefully to the podcast, and try to find the best answer to each question from the choices given. **Fill in the bubble with the correct answer on your answer sheet.**

You will hear the audio **three times**. Good luck!

1. According to the report, what name have neighbors given the bear?

- A. Barry
- B. Johnson
- C. Ken
- D. Altadena

2. What was the first method Mr. Johnson used to try to get the bear to come out?

- A. He put fish and berries outside the space.
- B. He used a caramel and cherry flavored spray.
- C. He laid out jelly rolls and sweet treats.
- D. He made loud noises to frighten it.

3. Based on the information in the podcast, what is most likely the reason the bear entered the crawlspace?

- A. It was confused by the noise of the helicopters.
- B. It smelled the treats in Mr. Johnson's kitchen.
- C. It was looking for a warm safe space for the winter.
- D. It was chasing another animal that ran under the house.

4. It is too risky to tranquilize the bear because....

- A. he might get sick.
- B. he might die.
- C. he might panic and go deeper.
- D. all of the above.

5. What is the most likely reason that all the attention from reporters is causing the bear to "stay put"?

- A. People are blocking the entrance.
- B. Reporters are secretly feeding the bear.
- C. The bear likes the sounds of helicopters and people.
- D. The noise and people could be frightening the bear.



PART 2: MULTIPLE CHOICE – KNOWLEDGE OF ENGLISH (30 POINTS)

Choose the correct answer to the questions that follow. Fill in the bubble with the best answer on your answer sheet.

6. I have very ____ friends in this school, but they are very kind.

- A. little
- C. a little

- B. few
- D. much



7. The team _____ practice before it got dark.

- A. finished
- C. was finishing

- B. finishes
- D. is finishing

8. The meeting will begin ____ 10 a.m. sharp tomorrow morning.

- A. in
- C. at

- B. on
- D. to



9. She ____ be in the office; her desk is empty today.

- A. must
- C. should

- B. might
- D. can't

10. "I'm exhausted," _____ Mark as he sat down on the sofa.

- A. told
- C. told to

- B. said
- D. said us



11. I don't think she is _____ to reach the top shelf; she might need a stepladder.

- A. enough tall
- C. too tall

- B. tall too
- D. tall enough



12. We helped the children because ____ were lost and needed directions.

- A. they
- C. their

- B. them
- D. themselves

13. She had to ___ her homework before she could go outside.

- A. make
- C. doing

- B. do
- D. makes



14. It was _____ a sunny day that we went to the beach.

- A. such
- C. too



- B. so
- D. very

15. They complained _____ the noise coming from the street.

- A. over
- C. for

- B. about
- D. with

16. They ___ dinner every night at 7 p.m., and they always eat together.

- A. have
- C. had

- B. has
- D. are having



17. They ___ for the bus when it suddenly started to snow.

- A. have waited
- C. wait

- B. were waiting
- D. had waited

18. If it ___, we will stay home and watch a movie.

- A. rains
- C. will rain

- B. rained
- D. raining

19. He plays ___ guitar every evening, although he isn't very good.

- A. a
- C. the

- B. an
- D. -



20. ___ students came to the event, although more were expected.

- A. Much
- C. A little

- B. Many
- D. Very

PART 3: Visual and Reading Comprehension (30 points)

A. Visual Comprehension - Use the information in the infographic to help you find the best answer to each of the questions that follow. Fill in the bubble with the correct answer on your answer sheet.

HOW DO YOU COPE WITH EXAM STRESS?

1 in 5 calls to Childline, a youth counselling charity, are because of exam stress.

1 Look after yourself



- Eat regularly, drink water, and exercise.
- Sleep for around 8 hours each night.

2 Set realistic goals



- Make a revision timetable.
- Take short, regular breaks.
- Test your knowledge.

3 Prepare special arrangements



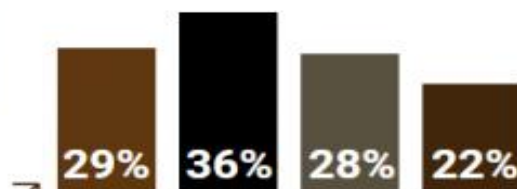
Rest breaks

Mobility assistance

A scribe

Extra time

can be set up for people with disabilities or other health issues.



Exam stress causes 29% of suicides in people under the age of 19 in the UK.

4 Talk to someone



- Other people can support you.
- You may be able to organise counselling sessions.

5 Believe in yourself



- It takes demonstrable capability to reach examination stage.
- Confidence improves performance.

6 Control your breathing



- Take slow, deep breaths.
- This will help you stay calm, focused and relaxed.



minutes of meditation every day can reduce stress.



21. Which of the following is *not* listed as part of: “Look after yourself”?

- A. eat regularly
- B. drink water
- C. meditate for 20 minutes
- D. exercise

22. Making a “revision timetable” is underneath what heading?

- A. look after yourself
- B. set realistic goals
- C. talk to someone
- D. control your breathing

23. Which special arrangement can be provided for students with disabilities or health issues?

- A. more time to finish the test
- B. free tutoring
- C. free textbooks
- D. someone to help

24. What does “Childline” – the youth counseling charity – do for kids?

- A. gives money to students
- B. give advice to students
- C. provides games that children can play
- D. helps children with a study schedule

25. The phrase “set realistic goals” most closely means...

- A. make goals that are impossible to reach
- B. make goals that match your abilities and situation
- C. do not make goals for yourself
- D. let others create goals for you



26. Which of these help calm your mind during a test?

- A. eating regularly
- B. sleeping 8 hours
- C. making a revision timetable
- D. taking slow deep breaths

27. Which one of the following groups is the most likely audience for this infographic?

- A. university professors and students
- B. primary and secondary school students
- C. managers in offices
- D. people looking for new hobbies

B. Reading Comprehension - In this part, you will read one text. When you finish, read each question carefully, and choose the best answer. Fill in the bubble with the correct answer on your answer sheet.

The New Girl at Willow Lane

Sofia was new at Willow Lane Elementary, and on her very first day everything felt strange and overwhelming. The building was much bigger than her old school, and the hallways were loud and crowded. Children rushed past her, talking and laughing with friends they already knew. Sofia held her backpack tightly and felt nervous because she didn't know anyone yet.



In her classroom, the teacher asked everyone to share their favorite hobby. Sofia quietly said she liked reading, but her voice was so soft that no one seemed to notice. She felt invisible and hoped the day would go faster.

At lunchtime, Sofia carried her tray into the cafeteria and looked around for a place to sit. Every table seemed full of students chatting happily. After a moment, she sat alone at the end of a long table. She ate slowly, watching other kids trade snacks and tell jokes. She wished she knew what to say or how to join them.

Later, during recess, Sofia gathered her courage and walked up to a group of kids playing on the playground. She politely asked if she could play too. A tall girl named Ruby glanced at her and said, "Maybe later," in an unfriendly voice. Some kids laughed, and Sofia felt embarrassed. She walked away, her face warm with shame.

The next day, Sofia noticed a boy sitting alone on a bench, reading a book. He looked calm and kind, so she said hello. His name was Ethan. They soon discovered they both loved adventure stories. Talking felt easy, and Sofia smiled for the first time in days.

Soon, Sofia and Ethan spent their breaks reading together. One afternoon, Ruby passed by and said, "You two are boring." Sofia took a deep breath and replied, "We like reading." Ruby looked surprised and walked away. Sofia felt proud. She had found a friend, used her voice, and learned that being herself was enough.

28. Why did Sofia feel nervous on her first day at Willow Lane Elementary?

- A. The school was bigger, and she didn't know anyone.
- B. She forgot her lunch at home.
- C. The teacher was very strict.
- D. She didn't like her classroom.

29. What hobby did Sofia share in class?

- A. playing sports
- B. drawing pictures
- C. singing
- D. reading

30. Where did Sofia sit during lunchtime?

- A. with Ruby and her friends
- B. next to the teacher
- C. outside in the playground
- D. at the end of a long table by herself

31. What happened when Sofia asked to join the children at recess?

- A. They happily invited her to play.
- B. Ruby and her friends did not include her.
- C. The bell rang before she could play.
- D. She decided not to ask.

32. In the phrase, “*everything felt strange and overwhelming*,” what does overwhelming mean?

- A. very easy
- B. too much to handle
- C. funny
- D. quiet

33. How did Sofia meet Ethan?

- A. He sat next to her in class.
- B. They met in the cafeteria.
- C. She saw him reading alone and said hello.
- D. Ruby introduced them.



CONTINUE TO NEXT PAGE

34. What did Sofia and Ethan have in common?

- A. They both liked sports.
- B. They both liked video games.
- C. They both liked adventure stories.
- D. They both liked music.

35. What lesson can you learn from Sofia's story?

- A. Reading is boring.
- B. It is important to be yourself.
- C. New schools can be difficult.
- D. It is hard to make friends.

PART 4: Writing (30 points)

Good friends help each other. Write about a time a friend helped you and how that made you realize they are a good friend. Use these questions to help you.

- What problem or situation did you have?
- How did your friend help you?
- How did this moment show that your friend is a good friend?
- What did you learn about friendship from this experience?



Try to write at least 100 words. Good luck! ☺

Be sure to write this essay on the yellow sheet # 2 provided. ☺

