EXTRA-CURRICULAR PROGRAM 2018-2019 • service as action • performing arts • e.s.c.a.p.e. • sports

Anatolia High School
The members of the Student Services Office would like to express their appreciation to all the teachers and volunteers who offer clubs, thereby continuing an Anatolia tradition that began in 1886. We thank them for their time, energy and devotion.

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Students should always listen to morning announcements and keep an eye on the club notice boards around the school to check on the times and meeting places of the clubs listed. If you have any questions, do not hesitate to check with the Student Services Office.
ARTS AND CRAFTS

Advisor: K. Roumbou
Forms: 1-6
Day: Tuesday
Place: Mac Art Room

This club is an introduction to basic crafting and painting skills, including using watercolors and oil paints. Students will also work with three dimensional materials.

SaA: Students will create items to be sold at the Christmas Bazaar.

ECO FASHION SHOW

Advisors: N. Kostallari, F. Montgomery
Forms: 1-4
Day: Wednesday
Place: White House Art Room

"One man's trash is another man's treasure" - In this club, we will collect unused objects to create fascinating costumes and accessories with up-cycled materials. We will put our creativity into designing and creating our own items. We will display the costumes during the Eco Fashion Show at the end of the year.

SaA: Some of the items will be sold at the Christmas Bazaar.

JEWELRY

Advisor: N. Kostallari
Forms: 1-4
Day: Friday
Place: White House Art Room

In this club, we will explore different materials and techniques to create unique handmade jewelry. Some of the materials we will use are paper, wire, thread, polymer clay, beads, and recycled materials. The students will be taught different techniques and have the freedom to create their own designs.

SaA: Some of the items will be sold at the Christmas Bazaar.

THE JOY OF ART

Advisors: N. Kostallari, J. Markou
Forms: 3-6
Day: Friday
Place: IB Art Room

This club provides drawing lessons to artists of all levels. If you want to improve your skills or if you are just looking for a club related to your passion, then feel free to join us!

MUSIC APPRECIATION

Advisor: V. Krimnianiotis
Forms: 1-6
Day: Monday
Place: NR 4

Students will listen to various kinds of music to improve their appreciation for music and discover new genres. They will discuss how music is created and find creative inspiration through matching music with other art forms, like photography.
POTTERY

Pottery, aka ceramics, combines both the craft of making functional items, such as cups, bowls, etc., and an art form: sculpture. We will explore both areas in this club.

SaA: We will work together with associations such as ELEPAP and Agios Dimitrios to complete projects.

TRIVIAL PURSUIT

In this club, we will create our own board game following the style and instructions of Trivial Pursuit. Our questions will be drawn from Greek mythology and the Ancient Greek world.

SaA: We will create a board game to be sold at the Bazaar.

YOUR COMICS

Learn how to draw your own comic books, from simple character designs to full comic strip stories.

HUMANITIES

CHESS

Do you want to learn how to play the game of kings? Do you already know how to play but need partners to play against during your school breaks? If you answered “yes” to either of these questions, then make sure to join the Chess Club!

DEUTSCH

The German club offers students the opportunity for further study for all German Certifications: A1, A2, and B1. Students will attend the section of the club that fits their level.

SaA: Students will participate in the German stand at the Christmas Bazaar!
FRANCAIS: ALLER PLUS LOIN
Students will improve their knowledge of the French language and will prepare a presentation about their school in French.

GEEK NATION
Are you into comic books? Game of Thrones? Old movies? Cult classics? Then raise your hand in the air, and shout proudly, “I am a geek!” Join the Geek Nation club, where we will discuss and explore pop culture through comic books, movies, and more.

INNER TRAVEL
Students will search for the connection between important Russian mathematicians and Orthodox mystic traditions. Specifically, students will learn about the Mathematical Way of the School of Moscow, where they will discover how human’s spiritual searches can form new and groundbreaking science theories.

MSU PREPARATION
Students will practice all the skills of the English language and become better acquainted with the format of the CELC (B2) exam offered by Anatolia College and Michigan State University.

NEGOTIATION AND MEDIATION
Negotiation and mediation are ways people resolve their disagreements. This club helps students develop skills that enable them to solve problems, cooperate with others, and contribute to their communities. Students interested in becoming peer mediators for the school, as well as anyone with an interest in law, political science, psychology, or the humanities, should participate in this club.

Saa: This club helps students develop conflict resolution skills and become active citizens.
POETRY AND MATISSE

Art can evoke a lot of emotion. By looking at a photograph or observing a sculpture or a painting, one’s mind can travel far. In this club, we will use art as a source of inspiration for creative writing. Students who like writing, looking at art, and listening to music should attend. Group activities aim to strengthen fluency in English and exercise the skill of writing.

GREEK CREATIVE WRITING

Writing is a magical process. Join our meetings and learn how to write anything: a story, a novel, a theatrical play, an article, a script, or a fairy tale.

PEGASUS

Pegasus is a creative expression club for students interested in writing, cartooning, or creating work for Anatolia’s English literary magazine. We will use a workshop format with sessions on creativity, language, poetry, and facets of the short story. During the year, participants will develop at least one piece to submit to the literary magazine. Members will also learn how to format a magazine and sketch relevant pictures to accompany their literary works.

YEARBOOK

The meetings will be organizational in nature. Students will work individually and in groups, preparing different sections of The Anatolian 2019, our yearbook. All students who are interested in publications, writing, and photography are welcome.
3D MODELING AND PRINTING

This is a club for the student who wants to learn how to create and print simple everyday 3D objects. Participants will be introduced to the magic of 3D printing and learn how to use Tinkercad (a free, easy-to-use online tool) in order to create their very own trinkets (jewels, props, tools). No computing skills are required. There will be a formal selection process.

ACSTAC

Students will work with teacher mentors to help prepare their presentation for the Anatolia College Science and Technology Annual Conference, April 6-7.

AMERICAN CHEMICAL SOCIETY / AROMA

As the only school in Greece connected to the American Chemical Society’s unique resources, students will spend the first term learning about cosmetic chemistry and synthesizing perfumes. In the second term, students will focus on molecular gastronomy, discovering how the geometry of molecules affects taste.

SaA: Perfumes will be sold at the Christmas Bazaar.

ASTRONOMY

Students will learn about the mysteries of the universe. They will prepare to participate in the International Astronomy Contest later in the year.

BIOLOGY CLUB

This club will guide gymnasiuim students into a deeper understanding of biological procedures. Using Labster, a computer program that creates a “virtual lab”, students will utilize lab skills to solve biological experiments.
CANSAT
CanSat is a European student contest supported by the European Space Agency (ESA). A CanSat is a simulation of a real satellite, integrated within the volume and shape of a soft drink can. Students must fit all the major subsystems found in a satellite, such as power, sensors and a communication system, into this minimal volume. The CanSat is then launched to an altitude of a few hundred meters and its mission begins: to carry out a scientific experiment and achieve a safe landing.

COSMETICS AND CHEMISTRY
Explore the amazing world of chemistry and cosmetics! Through hands-on activities, students will learn basic principles of chemistry. Using their knowledge and creativity, students will make their own cosmetics such as perfumes, hand creams, body lotions, soap, lip balm, and antiseptic gels.
SaA: Cosmetics will be sold at the Christmas Bazaar.

CULTURAL & ENVIRONMENTAL RESEARCH AND EXCURSIONS
Students will meet to research cultural places of environmental interest. Only students who regularly attend the club meetings and meet specific requirements will take part in the excursion.

ECOLOGY AND CONSERVATION
This club aims to bring together students who enjoy nature and are interested in ecology, evolution, zoology, and anything else dealing with life and the outdoors. The main focus will be on conservation and environmental issues. We will participate in activities led by Jane Goodall's Roots & Shoots program.
SaA: Students will be involved in beach cleaning in spring and other activities focusing on environmental issues.
ENGINEERING TECH

This is a club focused on technology and engineering for those who want to build their own operating technological device, such as a formula or roadster car, radar, or many more! Due to the limited space (10 students), there will be a formal application and selection process.

F1 IN SCHOOLS

“F1 in Schools” is one of the largest STEM competitions worldwide, where teams collaborate to manufacture model F1 cars for competition. Students will acquire valuable skills in entrepreneurship, innovation, and career-related STEM knowledge. In this club, students will learn about the competition and basic engineering skills. Teams will then begin preparing for the competition.

FIRST AID

Students will learn basic first aid skills, which can be applied to help someone in need of assistance and even save a life.

GAME THEORY

Have you ever wondered how to win in games? Have you ever wondered how you can use strategy to outmaneuver an opponent? If you want to find out how to do so, join this club! We will analyze different kinds of games logically and mathematically. You will learn how to apply probability and strategic decisions, not only in games, but in your everyday life.

GO GREEN

Members of this club will spread the idea of “Going Green”, taking part in presentations, activities, and projects to promote environmental awareness. They will work with the Center for Green Education.
MAGIC MATH

Come join us for a different perspective on math! Math can be easy; math can be fun. You will see math concepts in music, fashion, technology, and other areas of everyday life.

MENTORING FOR CHEMISTRY CONTESTS

Students will prepare for the Panhellenic Chemistry Contests. Material and guidance will be provided.

MIND AND BODY RELIEF

This club focuses on the connection between mind and body, bringing awareness to how they affect each other. Students will learn mindfulness through activities like yoga while also exploring American culture with popular games, giving students a chance to let out energy in a fun and healthy way.

SaA: Participants will build skills, such as creative thinking, cooperation, empathy, and communication, that can assist in everyday life within the school.

MOLECULAR ENGINEERING

Welcome to the amazing world of Biology, Genetics, and Medicine! Are you interested in pursuing a career in any of these fields? Then, this is the right club for you! Students will have a chance to conduct a variety of experiments regarding biology and genetics. The club will also feature lectures, presentations, projects, and a variety of activities regarding medicine. Get prepared! Clean your lab coats! Bring your friends! Be passionate! The rest will be easy!

SCIENCE AND TECHNOLOGY

This year, club members will focus on the environment. The club will include research and relevant presentations, ending in the creation of a mobile app regarding environmental issues.
SMART CITIES AND GREEN ENGINEERING
Members will get to know environmentally friendly and green solutions and their application in cities considered “smart”. We will look specifically at smart city councils and the “future city project” of the Museum of the City of New York.

STEM EXPLORERS
What is Science? How does Science work and why does it matter? In this club we will explore the development of key science concepts and unlock the story behind scientific innovations in various fields, such as physics, biology, astronomy, and chemistry. We will use VR and learn the basics of robotics and automatons.

SaA: We will develop 3D-printed models for students with learning disabilities.

THE SUPERPOWER OF SELF CONFIDENCE
Through experiential activities designed to provide moments of fun, students will discover different aspects of themselves and have a better understanding of their relationships. Within this safe environment, they will also learn various ways to manage negative emotions that affect their self-concept. Together, we will see how difficulties help a person evolve and discover the superpower we all hide within!

SaA: This club helps students develop emotion regulation skills, problem-solving strategies, and a positive campus climate.

TECHNOVATION FOR GIRLS
Students will identify a problem in their community, create a digital solution to address that problem, and learn how to communicate their solution and ideas. They will have the opportunity to gain digital skills that will help them become makers of their solutions!

SaA: Members will make a mobile app to solve a community problem.
MATH COMPETITIONS

MATH AND LOGIC

The Math and Logic club deals with studying various mind puzzles and riddles, primarily ones that have already been played at the mathematical and logical thinking contest that our school established in 2011. Emphasis is put on logically deconstructing the puzzles, categorizing them, and solving them.

MATHIMATIKI ETAIREIA

This club focuses on Preparation for the Mathimatiki Etaireia Panhellenic Competition (E.M.E.). Students will be presented with past topics and will discuss mathematical topics from a different perspective.

SCIENCE COMPETITIONS

EUSO: These clubs prepare 5th form students for PanHellenic Science Lab Contests.

Physics

Advisors: A. Bandis, D. Bitzilekis, E. Goulis, A. Papadimitriou
Day: Tuesday
Place: Fab Lab Print Shop

Biology

Advisor: A. Dara
Day: Wednesday and Saturday
Place: Bio Lab Mac 115

Chemistry

Advisors: E. Exintaveloni and V. Krimnianiotis
Day: Wednesday
Place: Chem Lab Mac 120

PANHELLENIC COMPETITIONS: These clubs prepare students for science competitions.

Biology

Advisor: K. Adam
Forms: 3-6
Day: Monday
Place: Mac 213

Experimental School

Advisor: S. Axarlis
Forms: 1-3
Day: TBA
Place: TBA

AUTH Master Class

Advisor: D. Papadamou
Forms: 5
Day: Friday
Place: Physics Lab Mac 119
HUMAN RIGHTS
In this club, students will learn about human rights in their own communities and around the world. Students will participate in numerous activities, including art projects, video discussions, and awareness campaigns in order to develop their skills as human rights advocates. The club will present an interactive art piece about human rights at the Christmas Bazaar.

MAKERS CLUB
Students will practice science experiments and organize a science fair at the Christmas Bazaar for elementary students. After Christmas, they continue trials with experiments that will be used for next year’s Bazaar.

STORIES
In this club, we use our imagination to explore words, conflict, plot, and characters to write our own stories. Our first edition is scheduled to be available at the Bazaar. Proceeds will benefit children’s charities.

WELFARE
This extra-curricular activity aims to provide those involved—students and faculty—with a social consciousness that will drive them to think about their presence and role outside this school on a local, national and international level. We will get involved in our community in a variety of ways, including visiting several organizations that help those less fortunate than us.

R.A.C.C.O.O.N.
Respect, Accept, Care, Communicate, Organize, Observe, Notify. Join RACCOON, a unique club full of fun activities! Students will have the opportunity to promote unity on the school’s campus, learn to accept differences among people, build relationships based on respect, and fight discrimination in creative ways!
ADMIN TEAMS

ACMUN ADMIN TEAM

Students will help with the organization and implementation of the ACMUN Conference, acting as Anatolia Ambassadors and ensuring that the conference runs smoothly.

ACMUN PRESS TEAM

Students will report on the events of the ACMUN conference through newspaper articles and social media. Journalists and photographers are needed.

ACSTAC ADMIN TEAM

Students will help with the organization and implementation of the ACSTAC Conference, acting as Anatolia Ambassadors and ensuring that the conference runs smoothly.

GREEK FORENSICS ADMIN TEAM

Students will help with the organization and implementation of the Greek Forensics Tournament, acting as Anatolia Ambassadors and ensuring that the conference runs smoothly.

TIMEKEEPERS

The Greek Forensics Tournament is a big events that students can help run by joining the Timekeepers’ club. Students will be introduced to all the Forensics events and learn all of the timekeepers’ responsibilities. Once you get to know the basics, it’s guaranteed fun! Perhaps at the end of the tournament, you will even be voted “most helpful timekeeper!”.
Are you interested in enhancing your group, organizational, and interpersonal skills? Do you want to get involved in your local community? Come meet the Service Learning Officer, Ms. Perakaki, in the US College Counseling Office, to find out specifics about various civic engagement opportunities. Service Learning is a wonderful way to learn more about what is going on in your local community while at the same time allowing you to discover your passions. Getting involved and volunteering your time will help sharpen your problem solving abilities and will enhance your collaboration skills.

We have developed strong ties with many non-profit organizations. If you are interested in getting involved with people with disabilities, animal welfare, children in hospitals, helping refugees, spreading awareness about anti-bullying or human trafficking or domestic violence, or something else, we urge you to visit the USCC Office so that we can identify a service learning experience for you.

Keep in mind that if you choose to become involved in off-campus service projects, we will need written permission from your parents. You will also be required to keep a log of your hours accompanied by a short reflection of your experience at the site.

**ADDITIONAL OPPORTUNITIES**

**Internships:** A work-related experience, developing hands-on experience in an occupational field.

**Mentorships:** A supportive relationship established through which a professional shares with a student first hand his/her knowledge, skills, and experiences. Some examples include: Health Science, Engineering, Technology, Entrepreneurship, International Relations, Tourism, Law Research and Theory, etc.

Come by soon so we can find something that fits you and your interests!
PERFORMING ARTS

**DRAMA**

This club is for all aspiring actors and actresses, those with musical or dancing talent, and students interested in helping backstage. The club will rehearse and produce a play or musical. This club is a lot of fun, but also a lot of hard work!

- **Advisor:** A. Klonaris, C. Douris, A. Vasiliadis
- **Forms:** 4-6
- **Day:** Wed/Thurs/Fri/Sun
- **Place:** Raphael Hall

**GREEK DANCE**

Club members learn traditional Greek dances and then participate in various events in and out of the school.

- **Advisor:** G. Antoniadou
- **Forms:** 1-6
- **Day:** Thurs/Fri
- **Place:** Thurs: Gymnasium Gym, Fri: Lykeion Gym, Dance Room

**GREEK THEATER**

Students will learn basic preparation for theater performance (relaxation, breathing, movement) and rehearse a theatrical production. Directors and students cultivate a spirit of cooperation and teamwork, a feeling we pass to the audience.

- **Advisor:** T. Fotiadis, E. Kyriakides, A. Theodoridou, M. Gkogkidi, D. Hatziaslanis
- **Forms:** 1-6
- **Day:** Wed/Sat
- **Place:** Pappas Hall

**JUNIOR DRAMA**

This club is for students who are interested in learning about theater and exploring their acting skills. There will be several workshops followed by an audition for this year’s production. An amazing experience and guaranteed fun!

- **Advisor:** E. Parissi, L. Roupakia
- **Forms:** 2-3
- **Day:** Wed/Fri
- **Place:** Mac Art Room

SaA: Proceeds from the production will be donated to an organization of the students’ choosing.
PERFORMING ARTS C-LAB

Advisors: O. Stefa
A. Harrison
K. Katsos
D. Clarke
V. Manitakis
A. Karapanagiotidou
C. Koumpotis
M. Xanthopoulou
Forms: 1-6
Day: Wednesday
Place: Music Room

Students will form a contemporary artistic group. They will experiment with singing and acting techniques in order to explore their potential, with emphasis on collaborative skills. Everybody with work ethic and an open mind is welcome. In this club, everything is possible and students choose their topic!

FORENSICS

Public Speaking Activities in English
Director: P. Pappas

DEBATE

Advisors: P. Pappas
A. Harrison
D. Clarke
A. Karapanagiotidou
C. Koumpotis
M. Xanthopoulou
Forms: 3-6
Day: Mon/Wed
Place: Mon: Mac 314
Wed: Mac 218, 314

Members of the English debate club will perfect their research, reasoning, speaking, and argumentative skills while investigating and arguing relevant and significant global issues. Beginners will have access to extra classes to learn the rules and basic strategies, and selected members will have the opportunity to compete in tournaments.

DUET ACTING—DRAMATIC AND COMIC

Advisor: M. Ziglina
Forms: 3-6
Day: Wednesday/by appt.
Place: Tracy Hall (workshops)

Students will attend acting workshops and will then be coached in a two-person scene. Club meetings will commence at the beginning of October and will last the whole month. Then, students will make individual appointments with their advisor and coach(es). Coaches: K. Katsos, A. Klonaris, L. Koufaki, E. Manitakis, O. Stefa, V. Trypani, M. Drizis, C. Papathomidou, A. Vasiliadis, N. Vasiliadis.

GROUP DISCUSSION

Advisor: E. Siskos
Forms: 4-6
Day: Tuesday
Place: Mac 312

Students will experience the ultimate idea-sharing, improving their communication skills. They will research a topic and then share their ideas in an organized discussion.

IMPROMPTU SPEAKING

Advisor: P. Pappas
Forms: 2-6
Day: Friday/by appt.
Place: Mac 231

The impromptu speech is a two-to-three minute speech on a topic unknown to the contestant until immediately before his/her performance. Students will learn to think creatively and quickly in English in this fun, fast-paced club!
ORAL INTERPRETATION

Do you love reading out loud? Do you enjoy reading literature and love acting techniques, such as voice control and regulation? Do you want to improve your English reading and understanding of literature and your own self? If you answered yes to these questions, then Oral Interpretation is for you. In this club, you will work closely with an expert coach on a piece of literature in order to perform your Dramatic Oral Interpretation of it.

SaA: Club members help spread the power of language by reading for the elementary school or other groups in our society, such as the elderly or children in hospitals, etc.

ORATORY

Students write and deliver speeches on topics of their own choosing, building up to a memorized speech of about 8 minutes.

GREEK FORENSICS
Public Speaking Activities in Greek Tournament organized by Anatolia: March 15-17, 2019
Forensics Directors: K. Mitrouli, L. Zourgou

GREEK IMPROMPTU SPEAKING
Students will learn the art of impromptu speaking: they will exercise quick wit, originality of ideas, and logical coherence by presenting a two-three minute speech on a topic unknown to them until immediately before their performance. They will practice on a weekly basis and take part in the school’s Greek Forensics Tournament.
GREEK ORAL INTERPRETATION

Love literature and performing? Do both! Under the guidance of a coach, students will learn to interpret a selected piece of Greek literature that they will present at the in-school tournament. Top participants will represent the school at the Greek Forensics Tournament.

SaA: Club members will read to elementary students.

GREEK RHETORIC DEBATE

Club members will research a social issue, work in groups, and try to convince the judges of their positions, following the rules of dialectic. The best teams will compete in Greek public speaking activities. Students will have the opportunity to participate in the Greek Forensics Tournament organized by our school, as well as the Panhellenic Debate Tournament organized by the Greek Ministry of Education.

GREEK ORATORY

Each student prepares, in a short amount of time, a speech of a topic of broad interest. The student delivers the speech with the aid of the notes s/he has prepared. Selected students will participate in the Greek Forensics Tournament organized by our school.

OTHER PUBLIC SPEAKING ACTIVITIES

EUROPEAN YOUTH PARLIAMENT

Members will work with two goals in mind: (1) to increase awareness of the European Community; (2) to prepare for the various selection phases prior to the national competition in December in which delegates are selected to represent Greece at the next international session.
**FRENCH ORAL INTERPRETATION**

As part of this club, you will practice and improve your French skills to prepare for the annual French oral interpretation competition.

**GREEK DIPLOMATS**

This year, the 3rd Panhellenic Greek Diplomats Simulation takes place in Thessaloniki, supported by the Ministry of Education, Research and Religion. The goal of the conference is to increase student awareness in topics concerning the protection and support of human rights and to familiarize students with issues in the application of UN resolutions.

**JUNIOR ENGLISH DEBATE**

If you like arguing and want to speak with confidence, then join this club! You will practice your active listening, note-taking, and critical thinking skills. You will also learn to evaluate others’ opinions and to build strong arguments. Finally, you will become familiar with two popular debate styles: British Parliamentary and World Schools.

**JUNIOR FORENSICS**

This club will introduce you to the basic dramatic skills that you need to use in Forensics activities, including duet acting, oral interpretation, impromptu speaking, group discussion, and oratory. You will learn how to use facial expressions, gesture, body movement, and your voice as dramatic tools — and have a lot of fun while doing it!

**TED-Ed**

TED-Ed Clubs is an innovative program that supports students in exploring, discussing, pursuing and presenting their big ideas in the form of short TED-style talks. To find out more, visit ed.ted.com/clubs.
**MODEL UNITED NATIONS**

**2nd FORM INTRODUCTION TO MODEL UN**

Our goal is to help students develop the skills they will need in order to participate in Model United Nations (MUN). Students will attend bi-weekly meetings (rotating A and B schools), during which they will learn about the many different aspects of the United Nations and their future duties as MUN club members. They will be required to produce work and come to each meeting prepared and ready to discuss and/or write about the issues/topics presented the previous week.

**MODEL UNITED NATIONS CLUB**

The MUN club welcomes students interested in the workings of the United Nations and the “life” of a diplomat. Students conduct research in an area of global importance and learn about the interests and commitments of different countries. The club will hold workshops on composing resolutions and amendments, addressing fellow delegates, and on how to be a diplomat (delegate and/or chair), etc. Regular attendance for students interested in participating in any of the conferences abroad is required! There will be separate meetings for 3rd formers and Lykeion students, so listen carefully to the morning announcements.

**MODEL UNITED NATIONS CONFERENCES**

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3 ON 3  
Girls and boys will have the chance to form their own teams and participate in an in-school basketball tournament. The club will practice drills, learn basketball techniques, and play many shooting competitions.

HIP HOP DANCE  
In this club, members will learn both basic hip-hop steps and choreographies with different hip-hop styles. Members will work to create their own choreographies. If you have no idea about what hip-hop looks like, the only thing you have to do is join the club.

GIRLS’ MARTIAL ARTS  
Want to learn to protect yourself in a mature and open environment? Members will learn martial arts basics and philosophies, strength and endurance training exercises, and practice useful techniques for situational conflict resolution. Gym/exercise attire preferred.

LACROSSE  
Come learn about the sport of lacrosse! Nicknamed “the fastest sport on two feet‖, lacrosse is a fast paced and competitive team sport that has its origins in the Native American game that communities would play in preparation for war. The goal of the game is similar to that of many sports – to get the ball in the net of the opposite team using a special stick. Participate in line drills, game-like scenarios and sharpen your stick skills! We hope you come and join us!
**TENNIS**
Girls and boys will have the chance to hone their tennis skills and exercise their mind and body. Students will run practice drills, play matches, and work in both singles and doubles. Lessons are available on Mondays and Thursdays, and practice matches will take place on Tuesdays and Wednesdays.

**WEIGHTLIFTING**
In this club, we will partake in the joy and challenge of lifting weights. We will learn excellent technique, push ourselves to grow in focus and self-discipline, and build not only muscle, but also character in a positive and safe environment. Members must wear appropriate attire. No sandals allowed.

**TEAMS (VARSITIES)**

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<th><strong>BASKETBALL</strong></th>
<th><strong>Wednesday</strong></th>
<th><strong>Gymnasium Courts</strong></th>
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<tr>
<td>Boys' (1-3)</td>
<td>F. Alexiadou &amp; G. Antoniadou</td>
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<td>Boys' (4-6)</td>
<td>K. Zlatanos &amp; M. Stamoulos</td>
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<tr>
<td>Girls' (2-6)</td>
<td>F. Alexiadou &amp; G. Antoniadou</td>
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<tr>
<td>Boys' (1-3)</td>
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<td>Wednesday</td>
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<tr>
<td>Boys' (4-6)</td>
<td>D. Folas &amp; K. Zlatanos</td>
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<td>Girls' (1-6)</td>
<td>D. Kyriaki &amp; K. Hague</td>
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<td>Boys' (4-6)</td>
<td>M. Michailidis &amp; F. Alexiadou</td>
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<td>Girls' (1-3)</td>
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SPECIAL IB PROGRAMS

The IB organizes a number of activities that comprise part of IB students' CAS (Creativity/Action/Service) program, a compulsory core module within the IBDP. Satisfactory completion of CAS requires engagement with a variety of activities, and evidence of achievement of specific learning outcomes. Most of the CAS activities take place after school and at times that IB students agree upon every year, in cooperation with their CAS advisor(s). Due to the complex nature of CAS and the considerable demands that the IBO asks of students in relation to their CAS program, the number of places is limited. Lykeion students would be welcome to join some of the activities described below, although applications will be accepted subject to availability of places.

Agios Dimitrios
Activity Leader: I. Michaelidou
Agios Dimitrios (KE.P.E.P.) is a public legal entity, supervised and sponsored by the Ministry of Health, which provides close care and education for children and young people in the form of semi-autonomous units of family life. The institution offers students the opportunity to participate in the afternoon volunteers' program, which involves working and socializing with young people with special needs, organizing and participating in activities, and creating valuable interpersonal relationships. Each student is allocated to a child, which s/he supports and motivates during his/her volunteering, mainly through his/her presence. Children in Agios Dimitrios have different disabilities, cognitive and mobility difficulties. Recognizing how challenging their condition can be, students always have the guidance and support of members of Agios Dimitrios' staff. Through volunteering in Agios Dimitrios students acknowledge the value of life.

Animal Shelter
Activity Leader: K. Konstantinidis
Students help in some NGOs for stray animals near Anatolia. Usually, they play with the stray dogs and cats, take the dogs for a walk and care for them. They may also organize fund-raising events to collect money for the animals' needs. Finally, they participate in the effort to find a family for each stray animal. They need to exhibit care, commitment and initiative.

Antirida—Papageorgiou Hospital
Activity Leader: I. Michaelidou
The association of Antirida has been created in support of the Papageorgiou General Hospital's patients and their families. Student volunteers welcome and support patients or members of their families, facilitate communication and undertake secretarial or recreational responsibilities.

Arsis
Activity Leader: E. Papadopoulou
ARSIS is a non-profit organization that aims towards helping and supporting refugee children and young adults coming from less privileged backgrounds. Volunteers help these children by counseling, problem solving, assisting with homework, career counseling, finding shelters, legal support, etc. Languages needed: Greek, English, Albanian and Bulgarian.

Boroume
Activity Leader: I. Michaelidou
This organization is operating the “Boroume at the Farmers' Market” program, whose purpose is the collection of the surplus of produce by volunteers from the collaborating Farmers' Markets at the end of their working day. The collected produce is then offered on site to local charities for the needs of their beneficiaries. Students could help either as volunteers at the Farmers' markets operating on Saturdays or by informing shops found in their neighborhoods about the possibility of giving the surplus to local charities.

Company Program: Inspire Success Through Real Business Experience!
Activity Leader: A. Lionta
Meeting Days: Mon/Tues
The Company Program provides real experience in business enterprise. It is an excellent opportunity to try out setting up and running a business. Students form a mini-corporation under the guidance of volunteer business advisors. Through a variety of hands-on activities, from exploring a mission for a company to producing and marketing products, students become familiar with business and entrepreneurship content, while enhancing their innovative thinking. With regular meetings held on a weekly basis, students go through the aspects of company formation, business planning, sales and marketing, up to liquidation. Student companies participate in National and European Competitions and Trade Fairs.
**En dynami**
Activity Leader: C. Lagogianni
En Dynami is a group of young individuals with and without disabilities who organize, participate in, and perform multiple cultural and social events, aiming to integrate individual differences in society on an equal basis. One of their activities concerns the creation of collaborative art with students of the IBDP. The young people of En Dynami visit the Anatolia campus once a week and work cooperatively with IB students to create art. Some of the group meetings take place in Thessaloniki art exhibitions, galleries and museums. The cooperation of this mixed group leads to a collaborative piece of art. The aim of this year’s collaboration is the creation of new art pieces for the Visual Arts final IB2 exhibition.

**Include**
Activity Leader: K. Konstantinidis
The Interdisciplinary Network of Special and Intercultural Education (INCLUDE) is an association working to provide solutions to the problem of social exclusion of children with special educational needs and cultural or linguistic differences. INCLUDE has shaped the “School for All,” in which educational interventions are scientifically designed and implemented through technology, art and sports in order to achieve the smooth social integration of children at risk of exclusion but also by changing social attitudes and perceptions towards diversity. During the hosting of these weekly interventions, our students act as assistants in a variety of 90-minute sessions, such as Bee-Bot robotics for small children (for which no experience is required), Mindstorms robotics for more experienced children (some robotics experience is required), a Maker’s session (hands-on activities), and Yoga.

“Read to me”
Activity Leader: I. Michaelidou
Students help Anatolia alumni organize and carry out reading sessions of literature for different groups including old people, the homeless, orphans, etc. Students help in all stages of the process including the selection of texts, the reading, the discussion following the reading, and the site uploading.

**Praxis**
Activity Leader: I. Kazantzi
Students participating in the “Praxis” program have the chance to communicate and interact with peers coming from different cultural backgrounds and are exposed to social issues concerning the current reality of the refugee crisis around the world. “Praxis” hosts a number of minor immigrants who have come to Greece without chaperones and provides them with all the necessary support during their stay in Greece. The IB students meet the kids from “Praxis” through visits to their “home” and organized activities of various interests arranged by the kids who participate in the program. Initiative, creativity, curiosity and open-mindedness are the guides and skills to a fruitful and enjoyable experience.
Always listen to morning announcements and keep an eye on the club notice boards to check the times and meeting places of the clubs listed. If you have any questions, do not hesitate to check with the Student Services Office.

A club member must attend weekly meetings and be an active participant. By November 6th, you must choose of which clubs you want to be a permanent member. Please tell the club advisor you would like to be a permanent member of his/her club and discuss your responsibilities with him/her. There may be a maximum number of members allowed in certain clubs; therefore, it would be wise to tell the club advisor of your choice as soon as possible.

Club advisors award certificates to their members at the end of the year. Active members of each club will receive a certificate of participation and those who go above and beyond the club’s requirements will receive a certificate of excellence. The certificate of excellence will be given at the end of the year at a special ceremony during morning assembly, and certificates of participation will be given to you by your club advisor at the last club meeting.

Attendance will be taken at all club meetings.

Extra-curricular awards are given to deserving 6th form students at the Commencement Ceremony. They are selected on the following criteria:
- Depth of involvement and quality of achievement
- The number and range of activities: attendance, the number of years in a particular club or clubs, and the number of clubs
- Cooperation and interaction with fellow students and faculty advisors

Athletic awards are given to deserving 6th form students at the Commencement Ceremony. They are selected on the following criteria which apply to all three Lykeion years:
- Participation in the class team in intramural competitions
- Participation in at least one school team
- Participation and Award in Track and Field
- Participation in the cross-country run
- Active participation in gym class
- An athletic spirit and exemplary conduct
FIRST FORM CLUB PARTICIPATION PROGRAM

1. Club Participation Card
Each one of you will receive a student activities record card to which you must attach a photo. Keep it in a plastic folder and always carry it with you. By December 12th, you must hand in the card to the Student Services Assistant, completed with 20 signatures (7 of which in Service as Action) and by April 5th completed with 40 signatures total (15 total in Service as Action). Make sure that your card is clean, clearly written and that the advisors’ signatures are placed in the space provided. In October, you will receive a Club Booklet with a listing of all the clubs. It is important that you listen to the morning announcements for details and read the bulletin boards.

2. Requirements
   A. Clubs are divided into 4 categories:
      - Performing Arts: Forensics, theater, music, Greek dance, etc.
      - Sports
      - Service as Action: Clubs that focus on community involvement
   
   You are expected to complete 15 signatures in SaA and 25 signatures divided among the other 3 categories by the end of the year.

   B. You should attend a variety of clubs until November 6th to determine of which clubs you want to be a permanent member. After November 6th, you should regularly attend the clubs of which you want to be members. Attendance will be taken.

   C. When you attend a club meeting you must stay for the whole hour. You are not allowed to attend 2 clubs during one big break.

   D. You should politely ask for signatures at the end of the hour. You should make sure your cards are completely filled in and signed by the advisor. Signatures from the advisors of the intramural games count as part of the sports requirement. Parade practices and student council meetings do not.

3. Counseling
Ms. Antoniou, Ms. Kyriaki and Ms. Jones, the S.S. Fellow, will meet with students the second week of school to explain the program. Ms. Kyriaki and Ms. Jones will meet with all students individually by the beginning of October and once again in November. They will make frequent visits to classrooms to make sure you are following the program.